

ILIYA GUTIN

Syracuse University

igutin@syr.edu | 917-921-1958**EDUCATION**

Ph.D. The University of North Carolina at Chapel Hill, Sociology, 2021

M.A. The University of North Carolina at Chapel Hill, Sociology, 2017

B.A. The University of Chicago, Sociology, with Honors, 2013

PROFESSIONAL EXPERIENCE

- 2024 – Research Assistant Professor, Maxwell School of Citizenship and Public Affairs, *Syracuse University*
- 2024 – Senior Research Associate, Center for Policy Research, *Syracuse University*
- 2024 – Research Affiliate, Lerner Center for Public Health Promotion & Population Health, *Syracuse University*
- 2023 – Research Affiliate, Population Research Center, *The University of Texas at Austin*
- 2023 – Research Affiliate, Institute of Behavioral Science, *University of Colorado Boulder*
- 2023 – 2024 Program Officer, *Committee on Population, National Academies of Science, Engineering, and Medicine*
- 2021 – 2023 Postdoctoral Fellow, *The University of Texas at Austin Population Research Center and Center on Aging and Population Sciences*
- 2013 – 2015 Research Analyst, *NORC at the University of Chicago*

INTEREST AREAS

Social Demography • Medical Sociology • Sociology of Health and Illness • Aging • Population Health • Biosocial Approaches • Social Theory • Structural Equation Modeling

PUBLICATIONS

* Shared first authorship

Ignatow, Gabe and **Iliya Gutin***. Elite Class Self-Interest, Socioeconomic Inequality, and U.S. Population Health. *In press at Sociology of Health & Illness*. <https://doi.org/10.1111/1467-9566.13813>.

Rothenberg, W. Andrew, Jennifer W. Godwin, William E. Copeland, Lilly Shanahan, Lauren Gaydosh, **Iliya Gutin**, and Asha Coltrane. Honoring John Schulenberg's Legacy By Taking The "Long View" On The Effects of Adolescent Experiences on Substance Use In Adulthood: Examining the Moderating Role of Successful Transitions to Adulthood. *In press at Journal of Research on Adolescence*. <https://doi.org/10.1111/jora.12976>.

Gutin, Iliya. 2024. Diagnosing Social Ills: Theorizing Social Determinants of Health as a Diagnostic Category. *Sociology of Health & Illness*, 46(S1), 110-131. <https://doi.org/10.1111/1467-9566.13623>.

- Gutin, Iliya**, William Copeland, Jennifer Godwin, Kathleen Mullan Harris, Lilly Shanahan and Lauren Gaydosh. 2023. Defining Despair: Assessing the Multidimensionality of Despair and its Association with Substance Misuse and Suicidality in Early to Middle Adulthood. *Social Science & Medicine*, 320, 115764, <https://doi.org/10.1016/j.socscimed.2023.115764>.
- Tilstra, Andrea M., **Iliya Gutin***, Nathan T. Dollar, Richard G. Rogers, and Robert A. Hummer. "'Outside the Skin": 2022. The Persistence of Black–White Disparities in US Early-Life Mortality." *Demography*, 59(6), 2247-2269, <https://doi.org/10.1215/00703370-10346963>.
- Gutin, Iliya**. 2022. Not 'Putting a Name to It': Managing Uncertainty in the Diagnosis of Childhood Obesity. *Social Science & Medicine*, 294, 114714, <https://doi.org/10.1016/j.socscimed.2022.114714>.
- Gutin, Iliya**. 2021. BMI is Just a Number: Conflating Risk and Unhealthiness in Discourse on Body Size. *Sociology of Health & Illness*, 43(6), 1437-1453, <https://doi.org/10.1111/1467-9566.13309>.
- Bollen, Kenneth A. and **Iliya Gutin***. 2021. Trajectories of Subjective Health: Testing Longitudinal Models of Self-Rated Health. *Demography*, 58(4), 1547-1574, <https://doi.org/10.1215/00703370-9368980>.
- Gutin, Iliya** and Robert A. Hummer. 2021. Social Inequality and the Future of Life Expectancy in the U.S. *Annual Review of Sociology*, Volume 47, 501-520, <https://doi.org/10.1146/annurev-soc-072320-100249>.
- Fishman, Samuel A. and **Iliya Gutin**. 2021. Education, Financial Losses, and Diseases of Despair. *SSM-Population Health*, 14, 100759, <https://doi.org/10.1016/j.ssmph.2021.100759>.
- Bollen, Kenneth A., **Iliya Gutin**, Carolyn T. Halpern, and Kathleen Mullan Harris. 2021. Subjective Health: Contemporaneous and Retrospective Self-Reports versus Proxy Measures. *Social Science Research*, 96, 102538, <https://doi.org/10.1016/j.ssresearch.2021.102538>.
- Gutin, Iliya**. 2020. Educational Differences in Mortality Associated with Central Obesity: Decomposing the Contribution of Risk and Prevalence. *Social Science Research*, 90, 102445, <https://doi.org/10.1016/j.ssresearch.2020.102445>.
- Gutin, Iliya** and Robert A. Hummer. 2020. Occupation, employment status, and “despair”-associated mortality risk among working-aged US adults, 1997–2015. *Preventive Medicine*, 137, 106129, <https://doi.org/10.1016/j.ypmed.2020.106129>.
- Dollar, Nathan T., **Iliya Gutin**, Elizabeth M. Lawrence, David B. Braudt, Samuel H. Fishman, Richard G. Rogers and Robert A. Hummer. 2020. The persistent southern disadvantage in US early life mortality, 1965–2014. *Demographic Research*, 42, 343-382, <https://dx.doi.org/10.4054/DemRes.2020.42.11>.
- Gutin, Iliya**. 2019. Essential(ist) Medicine: Promoting Social Explanations for Racial Variation in Biomedical Research. *Medical Humanities*, 45(3), 224-234, <http://dx.doi.org/10.1136/medhum-2017-011432>. (Editor's Choice)
- Hummer, Robert A. and **Iliya Gutin***. 2018. Racial/Ethnic and Nativity Disparities in the Health of Older US Men and Women. In *Future Directions for the Demography of Aging: Proceedings of a Workshop*, pp. 31-66. National Academies Press, <https://doi.org/10.17226/25064>.
- Gutin, Iliya**. 2018. In BMI We Trust: Reframing the Body Mass Index as a Measure of Health. *Social Theory & Health*, 16(3), 256-271, <https://doi.org/10.1057/s41285-017-0055-0>.
- Schneider, Barbara L., Laura C. Perez-Felkner, Carolina Milesi, Kevin Brown and **Iliya Gutin**. 2015. Does the Gender Gap in STEM Majors Vary by Field and Institutional Selectivity? *Teachers College Record*, 117.

Schneider, Barbara L., Gregory Wallsworth and **Iliya Gutin**. 2014. Family Experiences of Competition and Adolescent Performance. *Journal of Marriage and Family*, 76(3), 665-676, <https://doi.org/10.1111/jomf.12110>.

MANUSCRIPTS UNDER REVIEW

* Shared first authorship

Bridger-Staatz, Charis, **Iliya Gutin***, Andrea Tilstra, George Ploubidis, Jennifer Dowd, and Lauren Gaydosh. Health in Midlife in the UK And USA: International Comparison of Two Nationally Representative Cohorts. *Revise and Resubmit*.

Gutin, Iliya and Ryan K. Masters*. Conceptualizing “Capacity for Population Health”: Spatial Variation in Life Expectancy Trends in the United States and Peer Countries, 1980-2021. *Revise and Resubmit*.

Masters, Ryan K. and **Iliya Gutin***. Illustrating Racialized Mortality Experiences of the U.S. COVID-19 Pandemic via Changes in Quarter-Year Life Expectancy, 2019-2022. *Revise and Resubmit*.

Gutin, Iliya. Body Size, Cardiometabolic Risk, and Educational Disparities in Mortality Among U.S. Adults, 1988-2015. *Revise and Resubmit*.

Gutin, Iliya. Bodily Harm: Actual and Perceived Weight Status Throughout the Life Course and Health in Adulthood. *Revise and Resubmit*.

Gutin, Iliya and Lauren Gaydosh*. Research Note: Does despair in young adulthood predict mortality?

Gaydosh, Lauren, William E. Copeland, Lilly Shanahan, Jennifer W. Godwin, **Iliya Gutin**, and Kathleen Mullan Harris. American Despair? A Machine Learning Approach to Predicting Self-Destructive Behaviors.

MANUSCRIPTS/WORKS IN PREPARATION

Gaydosh, Lauren, Taylor Hargrove, **Iliya Gutin**, Kathleen Mullan Harris, Allison Aiello, and Thom McDade. Biomarkers of immune function and inflammation in young adulthood: results from archival blood spot assays.

Gutin, Iliya, Kathleen Mullan Harris, Allison Aiello, Chantel Martin, and Lauren Gaydosh. Feeling your (epigenetic) age: Using epigenetic clocks to understand self-rated health.

Shaefer, H. Luke, Florencia Torche, Malay Kiran Majmundar, and **Iliya Gutin**, eds. *Research Agenda for Improving Economic and Social Mobility in the United States*. Washington, DC: National Academies Press.

GRANTS AND FELLOWSHIPS

2022 “Contextual Despair and Risk Behaviors in Midlife: Extending Innovative Measures to Add Health.” UT-Austin Center on Aging and Population Sciences. P30AG066614, National Institute on Aging. Co-Principal Investigator. Total Costs: \$72,163.

2022 “Life Expectancy Trends among U.S. States and Peer Countries, 1980-2020: Estimating the Impact of the 2020 COVID-19 Pandemic on Widening Differences.” Michigan Center on the Demography of Aging. P30AG012846, National Institute on Aging. Principal Investigator. Total Costs: \$43,227.

2020 Royster Dissertation Completion Fellowship, *University of North Carolina at Chapel Hill*

2020 Summer Research Fellowship, *University of North Carolina at Chapel Hill*

- 2017, 2020 Graduate Student Pilot Research Fund, *University of North Carolina at Chapel Hill*
- 2017 Clifford C. Clogg Scholarship, *ICPSR Summer Program in Quantitative Methods*
- 2016 – 2019 NICHD Traineeship in Population Studies
- 2016 Travel Grant, *Young Academy of Austrian Sciences*
- 2016 – 2019 Travel Grant, *University of North Carolina at Chapel Hill*
- 2016, 2017 Honorable Mention, *National Science Foundation Graduate Fellowship Program*

ACADEMIC HONORS AND RECOGNITION

- 2022 Poster Award Winner, *PAA Meeting, Atlanta*
- 2021 Wilson Teaching Award, *University of North Carolina at Chapel Hill*
- 2020 Odum Award for Research Excellence, *University of North Carolina at Chapel Hill*
- 2019 Interdisciplinary Association for Population Health Science (IAPHS) Student Award
- 2019 IPUMS Research Award
- 2018 Poster Award Winner, *IAPHS Meeting, Washington D.C.*
- 2017 IPUMS Research Award
- 2017 Distinction on Comprehensive Exams in Health & Illness and Demography, *University of North Carolina at Chapel Hill*
- 2015 Employee Recognition Award, *NORC at the University of Chicago*
- 2013 Phi Beta Kappa, *The University of Chicago*
- 2009 – 2013 Dean's List, *The University of Chicago*

TRAINING AND WORKSHOPS

- 2022 Social Genomics-Gene Expression Workshop, *USC-UCLA Center for Biodemography & Population Health*
- 2022 Summer Institute on Biological Approaches in the Social Sciences, *Northwestern University*
- 2018 Annual Workshop on Formal Demography, *University of California at Berkeley*
- 2017 RAND Summer Institute

INVITED TALKS

When the Measure Becomes the Metric: Making Sense of the Body Mass Index in Research and Practice. *Oxford University, Unit for Biocultural Variation and Obesity, November 2023.*

Longitudinal Considerations in Contextual Data Analysis. *Add Health Users Conference, July 2022.*

Doing Good “Human Science”: Interdisciplinary Rigor in Research and Pedagogy. *Oxford University, Leverhulme Centre for Demographic Science, July 2022.*

Finding “Meaning”: Making sense of imperfect theories, concepts, measures, and models in sociological research. *Australia National University, Department of Sociology, January 2022.*

Not ‘Putting a Name to It’: Managing Uncertainty in the Diagnosis of Childhood Obesity. *Duke Center for Childhood Obesity Research, May 2022.*

What We Talk About When We Talk About Obesity: Weight-Neutrality in Research on Body Size and Health. *University of North Carolina at Chapel Hill, Gillings School of Public Health, Department of Health Behavior, January 2021.*

Which Longitudinal Model Should I Choose?. *Carolina Population Center Interdisciplinary Research Seminar, February 2021.*

MEDIA APPEARANCES AND INTERVIEWS

Medical Group Says B.M.I. Alone Is Not Enough to Assess Health and Weight. *The New York Times*. June 15, 2023, <https://www.nytimes.com/2023/06/15/well/live/bmi-health-weight-ama.html>.

The Strange History of BMI, the Body Mass Index. *STAT News*. March 9, 2023. <https://www.statnews.com/2023/03/09/bmi-body-mass-index-troubled-history/>.

US deaths fell this year, but not to pre-COVID levels. *AP News*. December 14, 2022. <https://apnews.com/article/health-pandemics-covid-c9de68e76908f132c6cf971d484546e8>.

Where Are People Living the Longest?. *Wall Street Journal*. August 22, 2022. <https://www.wsj.com/articles/where-are-people-living-the-longest-see-where-your-state-ranks-in-life-expectancy-11661207138>.

High BMI? What It Says (or Doesn't Say) About Your Health. *AARP*. April 9, 2021. <https://www.aarp.org/health/conditions-treatments/info-2021/high-bmi.html>.

SELECT PRESENTATIONS

Gutin, Iliya, Charis Bridger-Staatz, Andrea Tilstra, George Ploubidis, Jennifer Dowd, and Lauren Gaydosh. 2024. Health in Midlife in the UK And USA: International Comparison of Two Nationally Representative Cohorts. *Population Association of America Meeting, Columbus, 2024.*

Gutin, Iliya, Charis Bridger-Staatz, Andrea Tilstra, George Ploubidis, Jennifer Dowd, and Lauren Gaydosh. Health in Midlife in the UK And USA: International Comparison of Two Nationally Representative Cohorts. 2023. *Interdisciplinary Association for Population Health Science Meeting, Baltimore, 2023.*

Gutin, Iliya and Ryan K. Masters. 2023. Life Expectancy Trends among U.S. States and Peer Countries, 1980-2020: Estimating the Impact of the 2020 COVID-19 Pandemic on Widening Differences. *MiCDA-TRENDS Network Meeting, Ann Arbor, 2023.*

Gutin, Iliya and Ryan K. Masters. 2023. Illustrating the Racialized Mortality Experiences of the U.S. COVID-19 Pandemic via Quarter-Year Changes in U.S. Life Expectancy, 2019-2022. *Population Association of America, New Orleans, 2023.*

Gutin, Iliya, Kathleen Mullan Harris, Allison Aiello, Chantel Martin, and Lauren Gaydosh. 2022. Feeling your (epigenetic) age: Using epigenetic clocks to understand self-rated health. *Integrating Genetics and the Social Sciences Conference, Boulder, 2022.*

Gutin, Iliya, William Copeland, Jennifer Godwin, Lilly Shanahan and Lauren Gaydosh. 2022. Defining Despair: Assessing the Multidimensionality of Despair and its Association with Substance Misuse and

Suicidality in Early to Middle Adulthood. *Interdisciplinary Association for Population Health Science Meeting, Minneapolis, 2022.*

Gutin, Iliya and Ryan K. Masters. 2022. Illustrating the Racialized Mortality Experiences of the U.S. COVID-19 Pandemic via Quarter-Year Changes in U.S. Life Expectancy, 2019-2022. *Interdisciplinary Association for Population Health Science Meeting, Minneapolis, 2022.*

Gutin, Iliya. 2022. Body Size, Cardiometabolic Risk, and Educational Disparities in Mortality Among U.S. Adults, 1988-2015. *Population Association of America, Atlanta, 2022.*

Gutin, Iliya, William Copeland, Jennifer Godwin, Kathleen Mullan Harris, Sherika Hill, Lilly Shanahan and Lauren Gaydos. 2022. Defining Despair: Assessing the Multidimensionality of Despair and its Association with Substance Misuse and Suicidality in Early to Middle Adulthood. *Population Association of America, Atlanta, 2022.*

Tilstra, Andrea M., Jennifer Beam Dowd, **Iliya Gutin** and José Manuel Aburto. Obesity Deaths: How Different Coding Schemas Affect U.S. Life Expectancy Estimates. *Population Association of America, Atlanta, 2022.*

Bollen, Kenneth A. and **Iliya Gutin.** 2021. Trajectories of Subjective Health: Testing Longitudinal Models of Self-Rated Health. *American Sociological Association, 2021.*

Gutin, Iliya. 2021. Double Jeopardy: The Cumulative Toll of Objective and Subjective Weight Status on Health from Early Life to Adulthood. *American Sociological Association, 2021.*

Bollen, Kenneth A. and **Iliya Gutin.** 2021. Trajectories of Subjective Health: Testing Longitudinal Models of Self-Rated Health. *Population Association of America, 2021.*

Gutin, Iliya. 2021. Double Jeopardy: The Cumulative Toll of Objective and Subjective Weight Status on Health from Early Life to Adulthood. *Population Association of America, 2021.*

Gutin, Iliya. 2021. “The Patient Five, Ten, Twenty Years from Now”: Communicating Risk and Defining Success in Childhood Obesity Diagnosis and Treatment. *Advancing Health Lifestyles Research Mini-Conference, 2021.*

Gutin, Iliya. 2020. Double Jeopardy: The Cumulative Toll of Objective and Subjective Weight Status on Health from Early Life to Adulthood. *Interdisciplinary Association for Population Health Science Meeting, 2020.*

Gutin, Iliya and Kenneth A. Bollen. 2020. Trajectories of Subjective Health: Testing Longitudinal Models of Self-Rated Health. *Interdisciplinary Association for Population Health Science Meeting, 2020.*

Gutin, Iliya, Kenneth A. Bollen, Carolyn T. Halpern, Kathleen M. Harris. 2020. Subjective Health: Contemporaneous and Retrospective Self-Reports versus Proxy Measures. *American Sociological Association, 2020.*

Gutin, Iliya. 2020. A Sign of Things to Come: The Role of Uncertainty in Childhood Obesity Research and Practice. *Eastern Sociological Society, Philadelphia, 2020.*

Gutin, Iliya, Kenneth A. Bollen, Carolyn T. Halpern, Kathleen M. Harris. 2019. Subjective Health: Contemporaneous and Retrospective Self-Reports versus Proxy Measures. *Interdisciplinary Association for Population Health Science Meeting, Seattle, 2019.*

Gutin, Iliya and Robert A. Hummer. 2019. A “Working Class” Crisis: Occupation, Employment Status, and Alcoholic Liver Disease, Suicide, and Accidental Poisoning Mortality Risk among Working-Aged U.S. Adults. *American Sociological Association, New York, 2019.*

Gutin, Iliya and Robert A. Hummer. 2019. Putting “Work” Back in Working-Aged Mortality: Employment Status, Occupation, and Cause-Specific Mortality among Contemporary Working-Aged U.S. Adults. *Population Association of America, Austin, 2019.*

Tilstra, Andrea M., **Iliya Gutin**, Richard G. Rogers, Robert A. Hummer and Nathan T. Dollar. 2019. “Outside the Skin”: The Persistence of Racial Disparities in Early Life Mortality. *Population Association of America, Austin, 2019.*

Gutin, Iliya and Robert A. Hummer. 2018. Putting “Work” Back in Working-Aged Mortality: Employment Status, Occupation, and Cause-Specific Mortality among Contemporary Working-Aged U.S. Adults. *Southern Demographic Association, Durham, 2018.*

Tilstra, Andrea, **Iliya Gutin**, Richard G. Rogers, Robert A. Hummer and Nathan T. Dollar. 2018. Trends in Early Life Cause-Specific Mortality in the United States, 1990-2016. *Southern Demographic Association, Durham, 2018.*

Gutin, Iliya. 2018. Profiles in Cardiometabolic Health: Educational Disparities in Mortality Attributable to Cardiometabolic Risk. *Interdisciplinary Association for Population Health Science Meeting, Washington, D.C., 2018.*

Gutin, Iliya. 2018. Do You Consider Your Weight “Healthy”? The Association between Perceived Weight throughout Early Life and Self-Rated Health in Adulthood. *American Sociological Association, Philadelphia, 2018.*

Dollar, Nathan T., **Iliya Gutin**, Elizabeth M. Lawrence, David B. Braudt, Samuel H. Fishman, Richard G. Rogers and Robert A. Hummer. (2018. Geographic Divergence in Early Life Mortality: Moving Beyond Diet and Smoking. *Population Association of America, Denver, 2018.*

Gutin, Iliya and Robert A. Hummer. 2017. Disaggregating the Effects of Income and Education on US Mortality among Working-Aged Adults (25-64). *Interdisciplinary Association for Population Health Science Meeting, Austin, 2017.*

Gutin, Iliya. 2017. In BMI We Trust: The Social Life of the Body Mass Index as a Measure of Health. *American Sociological Association, Montreal, 2017.*

Gutin, Iliya and Robert A. Hummer. 2017. Disaggregating the Effects of Income and Education on US Mortality among Working-Aged Adults (25-64). *Population Association of America, Chicago, 2017.*

Gutin, Iliya. 2016. ‘Unhealthy’ Returns to Education: Variation in BMI-associated Premature Mortality by Educational Attainment. *American Sociological Association, Seattle, 2016.*

Gutin, Iliya. 2016. How ‘Unhealthy’ is Unhealthy Weight? Variation in BMI-associated Premature Mortality by Gender, Race, and Education. *REVES: Determinants of Unusual and Differential Health Expectancy, Vienna, 2016.*

TEACHING EXPERIENCE

Instructor

Department of Sociology, University of North Carolina at Chapel Hill

Data Analysis (Summer 2021)

Introduction to Population Health in the U.S. (Summer 2018, Fall 2019, Spring 2020)

Carolina Population Center

Introduction to Statistics/Stata (Summer 2019; Summer 2021)

Teaching Assistant

Department of Sociology, University of North Carolina at Chapel Hill

Structural Equation Models and Latent Variables (Fall 2020)

Sociology of Health and Mental Illness (Spring 2016)

Sociological Perspectives, Honors (Fall 2015)

Department of Sociology, University of Chicago

Medical Sociology (Winter 2013)

Inter-university Consortium for Political and Social Research Summer Program

Structural Equation Models and Latent Variables: An Introduction (Summer 2019)

SERVICE

Reviewer, *American Sociological Review*, *American Journal of Epidemiology*, *American Journal of Lifestyle Medicine*, *BMC-Psychiatry*, *BMJ Open*, *Demographic Research*, *Discover Social Science and Health*, *Health Sociology Review*, *Journal of Gerontology: Social Sciences*, *Journal of Health and Social Behavior*, *Journal of Occupational and Environmental Medicine*, *Journal of Racial and Ethnic Health Disparities*, *Longitudinal and Life Course Studies*, *Obesity Reviews*, *Race and Social Problems*, *Research on Aging*, *Social Forces*, *Social Science & Medicine*, *Social Theory & Health*, *Sociological Perspectives*, *Sociology Compass*, *Sociology of Education*, *Stigma and Health*, *SSM-Population Health*

Associate Editor, *Social Forces* (2016 – 2021)

Undergraduate Sociology Honors Student Mentor, *University of North Carolina at Chapel Hill*

Session Organizer, *Interdisciplinary Association for Population Health Science Conference*

Session Chair, *Population Association of America Meeting*

Session Discussant, *Population Association of America Meeting*

PROFESSIONAL MEMBERSHIP

American Sociological Association

Population Section | Medical Sociology Section | Life Course and Aging Section

Population Association of America

Interdisciplinary Association for Population Health Science

Network on Life Course Health Dynamics and Disparities in 21st Century America

REFERENCES

Robert A. Hummer

Howard W. Odum Distinguished Professor of Sociology

Department of Sociology

University of North Carolina at Chapel Hill

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Kenneth A. Bollen

Henry Rudolph Immerwahr Distinguished Professor

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Kathleen M. Harris

James Haar Distinguished Professor of Sociology

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Lauren Gaydosh

Associate Professor of Sociology

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